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jan 5 2023 brain the mass of nerve tissue in the anterior end of an organism the brain integrates sensory information and directs motor responses in higher vertebrates it is also the centre of learning the human brain weighs approximately 1 4 kg 3 pounds and is made up of billions of cells called neurons a brain is an organ that serves as the center of the nervous system in all vertebrate and most invertebrate animals it is located in the head usually close to the sensory organs for senses such as vision it is the most complex organ in a vertebrate s body the brain is

contained in and protected by the skull bones of the head the cerebrum the largest part of the human brain consists of two cerebral hemispheres each hemisphere has an inner core composed of white matter and an outer surface sep 26 2022 the brain is the most complex part of the human body this three pound organ is the seat of intelligence interpreter of the senses initiator of body movement and controller of behavior lying in its bony shell and washed by protective fluid the brain is the source of all the qualities that define our humanity the brain is the crown jewel of the human body the brain podcast is the official podcast of brain and brain communications highlighting the rich and diverse neuroscience published in the journals browse all episodes video abstracts the brain is a complex organ that controls thought memory emotion touch motor skills vision breathing temperature hunger and every process that regulates our body together the brain and spinal cord that extends from it make up the central nervous system

or cns jan 23 2023 the amount of time spent in moderate and vigorous physical activity every day is linked to midlife brain power indicates research published online in the journal of epidemiology community health jul 4 2021 the brain is the human body s control system and is part of the central nervous system cns it connects to the spine and controls personality movement breathing and other crucial processes 12 hours ago research shows that the things that are generally healthy for your brain are probably helpful in building your cognitive reserve including education studies show that people who have more years of education have a reduced risk of developing dementia and other age related cognitive decline compared to those with fewer the brain is one of the largest and most complex organs in the human body it is made up of more than 100 billion nerves that communicate in trillions of connections called synapses the brain is

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